



Geraldton Harriers Club - Event Results

Allen's Farm - Moonyoonooka

13 August 2023

Long Run 9 km

Pos	Name	Race No	Time	Pace	Gender
1	Riley Heinrich	1215	0:39:09	04:21 min/km	Male
2	Barry Jacobs	1281	0:41:08	04:34 min/km	Male
3	David Holmes	1240	0:41:50	04:39 min/km	Male
4	Andy Gaze	1088	0:48:04	05:20 min/km	Male
5	Ray Bailey	434	0:57:03	06:20 min/km	Male

Long Walk 9 km

Pos	Name	Race No	Time	Pace	Gender
1	Peter Kalinowski	387	1:01:39	06:51 min/km	Male
2	Chantal Tilbee	594	1:16:20	08:29 min/km	Female
3	Wade Johnson	308	1:21:26	09:03 min/km	Male
4	Lorraine McKenzie	1118	1:21:27	09:03 min/km	Female
5	Lis Turner	546	1:33:54	10:26 min/km	Female
6	Lesleigh Stewart	586	1:33:54	10:26 min/km	Female

Short Run 6 km

Pos	Name	Race No	Time	Pace	Gender
1	Derek Sherman	398	0:31:44	05:17 min/km	Male
2	Ian Palmer	1287	0:38:49	06:28 min/km	Male
3	Sue Palmer	1280	0:44:43	07:27 min/km	Female
4	Elizabeth Rogers	443	0:45:29	07:35 min/km	Female

Short Walk 6 km

Pos	Name	Race No	Time	Pace	Gender
1	Sioban Nolan	794	0:51:16	08:33 min/km	Female
2	Carol Williams	1051	0:54:40	09:07 min/km	Female
3	Vivian Perrett	707	1:02:00	10:20 min/km	Female
4	Larry Silvia	1224	1:03:44	10:37 min/km	Male
5	Ross Williams	519	1:08:01	11:20 min/km	Male

16 Years and Under Short Run 6 km

Pos	Name	Race No	Time	Pace	Gender
1	Joshua Orlando	584	0:29:33	04:56 min/km	Male

Adult					3 km
Pos	Name	Race No	Time	Pace	Gender
1	Arran Jodah	1074	0:31:04	10:21 min/km	Male
2	Dimitra Massaros	1151	0:16:52	05:37 min/km	Female
3	Linsey Heinrich	1210	0:33:07	11:02 min/km	Male
4	Rob Pilsneniks	916	0:17:06	05:42 min/km	Male
5	Jodi Heinrich	1208	0:28:57	09:39 min/km	Female
6	Lois Gould	513	0:28:57	09:39 min/km	Female
7	Karen May	576	0:32:58	10:59 min/km	Female

Junior 12-16 Years					3 km
Pos	Name	Race No	Time	Pace	Gender
1	Sarah Pilsneniks	545	0:17:06	05:42 min/km	Female
2	Paige Heinrich	1214	0:17:26	05:49 min/km	Female
3	Xavier Shiosaki	739	0:21:28	07:09 min/km	Male
4	Isaac Gamble	1057	0:22:37	07:32 min/km	Male

Junior 7-11 Years					3 km
Pos	Name	Race No	Time	Pace	Gender
1	Amelia Heinrich	1202	0:16:17	05:26 min/km	Female
2	Lily Fraser	1037	0:29:57	09:59 min/km	Female
3	Edward Fraser	469	0:29:59	10:00 min/km	Male
4	Eamonn Jodah	1291	0:31:04	10:21 min/km	Male

Junior 2-6 Years					3 km
Pos	Name	Race No	Time	Pace	Gender
1	Liam Jodah	1289	#N/A	#N/A	Male